

President's Challenge 2023/2024

A World of Colours!

1. Each month, a colour will be assigned to those who are participating in the President's challenge.
2. You are to use 2 shades of that colour, plus one white fabric to create your block(s) OR you could use 3 shades of the colour only (no white).
3. Please do not add colours to your blocks other than the one assigned for the month.
4. You are not limited to using solid fabrics, but use ones that 'read' as the colour ... fabrics that are also called 'Blenders'. So no wild prints for this one.
5. A picture of a potential final quilt is included with these instructions.
6. In the instructions, the fabrics will be referred to as Fabric 1, Fabric 2, Fabric 3. It is important for the design that all of your Fabric 1 pieces are sewn where the instructions show Fabric 1. The same is true for the other two fabrics. However, it is YOUR decision which fabric you identify as 1, 2, or 3.

IF you wish your blocks to look like the photo shown, Fabric 1 should be your white background, Fabric 2 is the lighter shade, and Fabric 3 is the darker shade.

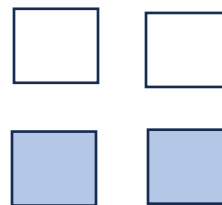
7. You also get to choose the shades you use. Use two shades that have a high contrast if that is your preference. You can also use similar shades, for a more subdued, low volume block.
8. The block is basically a 9-patch, made up of 1 solid block, 4 HSTs, and 4 Flying Geese Units (with an added rectangle on the bottom. All of these 'patches' should be trimmed to 4.5" x 4.5".
9. If you are an experienced quilter, you probably have your own methods for making each of these individual blocks. You could disregard the instructions that follow.
10. The final block should measure 12.5" x 12.5" (unfinished).
11. Please bring your finished block(s) to the next Guild Meeting, to show and share with others, or to leave as a donation for a Comfort Quilt.

Making your blocks.

1. Make 4 HSTs, each measuring 4.5" x 4.5", using Fabric 1 and Fabric 2.

You can follow the directions below, or use your favourite method for making HSTs.

Cut: 2 squares of Fabric 1 measuring 5" x 5"
2 squares of Fabric 2 measuring 5" x 5"



Place: 2 different squares together, right sides together.
Do this twice.



Mark: A diagonal line on one square of each pair.

Sew: Two seams, 1/4" from the diagonal line on BOTH sides of the line.



Cut: Along the diagonal line.

Press: Towards the darker of your two fabrics.

Trim: 4 HSTs to 4.5" x 4.5" square each



2. Make 4 Flying Geese Units, each measuring 4.5" x 2.5", using Fabric 1 and Fabric 3.
Fabric 1 should be the background of the Flying Geese Units and Fabric 3 should be the wings.



You can follow the directions below, or use your favourite method for making Flying Geese.

Cut: 1 rectangle of Fabric 1 measuring 2.75" x 4.75"
2 squares of Fabric 3 measuring 2.75" x 2.75"



Mark: A diagonal line on the back of each of the squares



Place: One square (right sides together) on one end of the rectangle, lining up corners. Ensure the marked line appears as shown in the diagram.



Trim: The outside triangle away from the unit.

Press: To the dark side.

(instructions continue on the next page)

Place: The second square (right sides together) on the other end of the rectangle, lining up corners.
Please note that the two squares MUST overlap!
Ensure the marked line appears as shown in the diagram.



Trim: The outside triangle away from the unit.

Press: To the dark side.

Square up each Flying Geese Unit to 2.5" x 4.5". You must make 4 Flying Geese.

3. Add a rectangle to the bottom of each of the Flying Geese Units to end up with a square measuring 4.5" x 4.5"

Cut: 4 rectangles of Fabric 1, measuring 4.5" x 2.5"
Sew: One rectangle to each of the Flying Geese Units. Take care to sew this rectangle to the bottom as shown in the diagram below.
Press: Towards the Flying Geese Units.
Trim: To 4.5" x 4.5" square (if necessary).



X 4

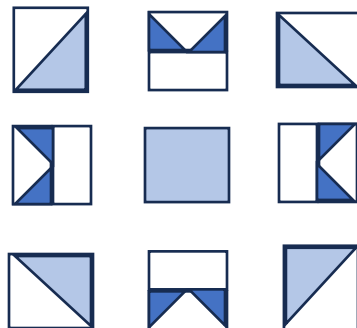
4. Cut 1 square measuring 4.5" x 4.5" from Fabric 2 for the centre patch.



X 1

5. You should now have a total of 9 patches, each measuring 4.5" x 4.5"

Place them as shown in the diagram below. Note that the HSTs and the Flying Geese Units rotate around the centre square. They are not all 'facing' the same direction.



6. Sew each of the rows of three patches together. Strategically press the seams so that the middle seams will nest when you sew the rows together.
7. Sew the three rows together.
8. Trim final block to 12.5" x 12.5" if necessary.
9. Make as many of the blocks as you wish and bring them to the next Guild Meeting, where we will share our blocks and design choices. You can then donate your block so it can be sewn into a Comfort Quilt, or keep your block for your own project.
10. Below you can see how your colour choice and placement can change the look of the block.
Have fun playing around with these blocks!

